

COMMUNICABLE DISEASE CHART

CONCISE DESCRIPTIONS AND RECOMMENDATIONS FOR EXCLUSION OF CASES FROM SCHOOL

DISEASE <i>*Immunization is available</i>	Usual Interval Between Exposure and First Symptoms of Disease	MAIN SYMPTOMS	Minimum Exclusion From School
CHICKENPOX	13 to 17 days	Mild symptoms and fever. Pocks are "blistery", have scabs, most on covered parts of body.	7 days from onset of pocks.
DIPHTHERIA*	2 to 5 days	Sore throat, greyish membrane in throat. A serious illness.	After 2 negative cultures from nose and throat 24 hours apart.
ERYTHEMIA INFECTIOSUM (5th Disease)	4 to 14 days	Usual age 5 to 14 years—unusual in adults. Brief prodrome of low grade fever followed by Erythema (slapped cheek) appearance on cheeks, a net like rash on extremities lasting a few days to 5 weeks. Rash seems to reappear.	After diagnosis no exclusion from school.
GERMAN MEASLES* (Rubella)	14 to 21 days	Usually mild. Enlarged glands in neck and behind ears. Brief red rash.	5 days from onset of rash. Keep away from pregnant women.
IMPETIGO	4 to 10 days	Inflamed sores, with pus.	Until physician permits return.
INFECTIOUS HEPATITIS	Variable—15 to 50 (average about 25) days	Headache, abdominal pain, nausea, vomiting, usually fever. Skin and eyes may or may not turn yellow.	14 days from onset of clinical disease, and at least 7 days from onset of jaundice.
MEASLES*	10 days to fever 13 - 15 days to rash	Begins like a cold, fever, blotchy red rash.	7 days from onset of rash.
MENINGO- COCCAL MENINGITIS	2 to 10 (com- monly 3 to 4) days	Headache, nausea, pain in back, stiff neck, fever.	Until physician permits return.
MUMPS*	12 to 26 (com- monly 18) days	Fever, swelling and tenderness of glands at angle of jaw.	9 days or until swelling disappears.
PEDICULOSIS (Lice)	7 days for eggs to hatch	Lice and nits (eggs) in hair.	1 day after adequate treatment to kill lice and nits.
POLIO- MYELITIS*	7 to 12 days	Fever, vomiting, headache, stiff neck, muscle soreness.	7 days from onset.
RINGWORM OF SCALP	10 to 14 days	Scaly patch, usually ring shaped, on scalp.	Until physician permits return.
SCABIES	3 days to 3 weeks	Tiny burrows in skin caused by mites.	Until adequately treated by physician.
SCARLET FEVER SCARLATINA STREP THROAT	1 to 3 days	Sudden onset, vomiting, sore throat, fever, later fine rash (not on face). Rash usual only with first infection.	7 days from onset if untreated or 24 hours after antibiotics.
WHOOPIING COUGH*	7 to 10 days	Head cold, slight fever, cough, character- istic whoop after about 2 weeks.	21 days from beginning of whoop.

Readmission to School. It is advisable that school authorities require written permission from the health officer, school physician or attending physician before any pupil is readmitted to class following any disease which requires exclusion, not mere absence, from school.